BIKE CHECK
CASTILLO & MIRANDA

THE FINAL BATTLE:
2001 ABA GRANDS

the good the bad and
the ugly:
8 RIDERS give their
VIEWS on

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pops out an abubaca out of a 15' half pipe.

We asked 8 RIDERS to tell us their GOOD, BAD, and UGLY. Here's what they had to say.....
When I was asked to write about what I thought the best and worst things in BMX were, a few things popped into my mind right away. Every time I thought about the question, I came up with something new, and it made me realize how much of my life was based around riding a bike. I would have never guessed that my best friends, the way most of my time was spent, the places I’ve traveled to, and the way I live would all come about because I ride a bicycle.

The worst part of BMX came easy to me, it’s everything to do with being hurt. Every time I have surgery, my muscles deteriorate because I sit around not doing a lot, especially when it’s an injury that keeps me from walking. All I can do is sit around and wait until I can start physical therapy and then build myself back up to where I was before the injury. I always get a little bummed when I watch everyone progressing while I’m sitting on my ass, but that’s all part of it, and I’ve accepted that. I’ve spent a lot of time healing but I’ve always been able to make it back and usually better than before—probably since I’ve sat around thinking of what I want to do when I can ride again.

I just keep coming up with new ideas when I try to think of what is good in my life that is directly related to bikes. The best thing about BMX is that I’ve met my best friends through riding, and we’ve been around each other so long and know each other so well that they’ve become my extended family. I spent a lot of time on a bike and the majority of that time is with friends, that’s when the good sessions go down. We’ve all been moving around lately, so I’ve been doing a lot of driving to different places to ride with people I like riding with. I just recently drove from California to Woodward, Pennsylvania, to ride with all the bad asses that show up every summer.

The only way to get better is to ride with people better than you are....